MISSISSAUGA
FOOD GUIDE

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MISSISSAUGA IS A FOOD CITY

* Mississauga is Canada's 6th largest city and is home to over 750,000 people, from all over the world and speak roughly 145 different languages.

* There are over 1800 restaurants from over 150 countries in Mississauga.

*Mississauga is a city of 24 neighbourhoods and villages.

*Port Credit is one of Mississauga's neighbourhoods located at the edge of Lake Ontario. In the summer months, Port Credit has a stretch of almost 4kms of patios along Lakeshore.

This food guide focuses on the 10km stretch of Lakeshore: Lakeview, Port Credit and Clarkson.

It's a quick GO Train ride from Toronto's Union Station to Port Credit or Clarkson Station.



SALWAA SHAWARMA

With a large sign for Hyderabadi biryani and fantastic Google reviews for both the biryani, shawarma and service I couldn't pass up this spot.

But what really stole my heart was the family who runs this restaurant. They opened the winter of 2020 in the thick of it all. And despite everything they have such fantastic attitudes.

I had a lot of questions because I knew nothing about the dish but I knew I wanted to try it.

While his wife Muna was preparing it, Ali took the time to explain what makes this biryani special, how it's prepared, the State of Hyderabadi and a brief relevant history of India as it pertains to the dish.

It was so light and just the right amount of spice. Vibrant pungent flavours that really enticed me to eat more when I was already full.

I can never finish a meal, especially when portion sizes are as healthy as here. So I took the rest with me

Salwaa Shawarma
939 B Lakeshore Rd E

STONEHOOKER BREWING COMPANY

Stonehooker is the newest (and second) local brewery in the city.

On a sunny day the Stonehooker Brewing front grassy area reminds me of a European beer garden with lots of space for friends, strollers and pets. Service is as delightful as the Gollywobbler IPA – Session, the nautical theme suits it well as it reminds me of hospitality in the Maritimes.

It's a small but mighty spot with over 50 different beers, they offer a rotating selection of traditional style beers as well as seasonal favourites. You can check their website for beer on tap, which is updated as soon as they change a key.

It's a full service brewery with a full menu along with beer and cheese pairings. They also regularly have events and live music.

Stonehooker Brewing Company
866 Lakeshore Rd E

ANTOJITOS

Colombians make fantastic bread, killer empanadas and are some of the friendliest people in the world.

I had intended to just go in and try a beef empanada at this bakery but it all looked so good.

After ordering a beef empanada, pan de guayaba (guava bread), carimañola (cheese stuffed yuca) and buñuelo (fried dough) I had to stop.

Though I now regret not also trying the pan de queso (cheese bread) because everything was delicious.

If you're curious about Colombian food this is a great place to start.

They also sell prepared foods such as sancocho, frozen foods, and imported drinks and candy.

Antojitos
803 Lakeshore Rd E





DAIRY CREAM

Only open during the summer months, Dairy Cream is a must-eat in Mississauga according to locals.

Many come for the nostalgia and the tradition of visiting since they were children. They have been around since 1958 serving funnel cake and soft serve ice cream.

Along with the traditional chocolate dipped soft serve, you can get brightly coloured dip flavours including cherry, blue raspberry and birthday party.

For the more conservative try the white chocolate or tasty peanut butter dip.

Dairy Cream
715 Lakeshore Rd E

MARANELLO CAFE

Perhaps the best kept local secret along the Mississauga Lakeshore this small cafe is busy with a steady stream of take out orders and neighbours just stopping in to say hi.

It's known for generous portions of home cooked Italian pasta classic sandwiches at unbelievably reasonable prices.

The Macerola family operated Aielli Alto since 1973 in the restaurant space next door. In 2022 they decided to downsize. The former space is now occupied by Colossus Greek Taverna that was previously its neighbour next door.

And while the space is smaller, I don't think the demand for their food decreased. I was greeted so warmly like I was a regular and promptly devoured the popular veal sandwich with tomato sauce so rich I contemplated buying it (yes, they sell it).

Other popular menu items here include the chicken sandwich and the tomato gnocchi.



Maranello Cafe
286 Lakeshore Rd E

HUEVOS GOURMET



A mix of Mexican flavours and French cuisine, Huevos Gourmet is a family run brunch spot owned by a couple from Guadalajara.

They serve an all day breakfast that ranges from traditional eggs benedict to huevos rancheros, the house specialty.

The brunch spot is packed on weekends offering the “warmth of a Mexican family and the allure of the Parisian passion” so go early.

Or go on a weekday where service is just as warm and you won’t feel rushed to finish so other eager diners can feast.

But make sure to get your fix early as it closes at 4pm daily

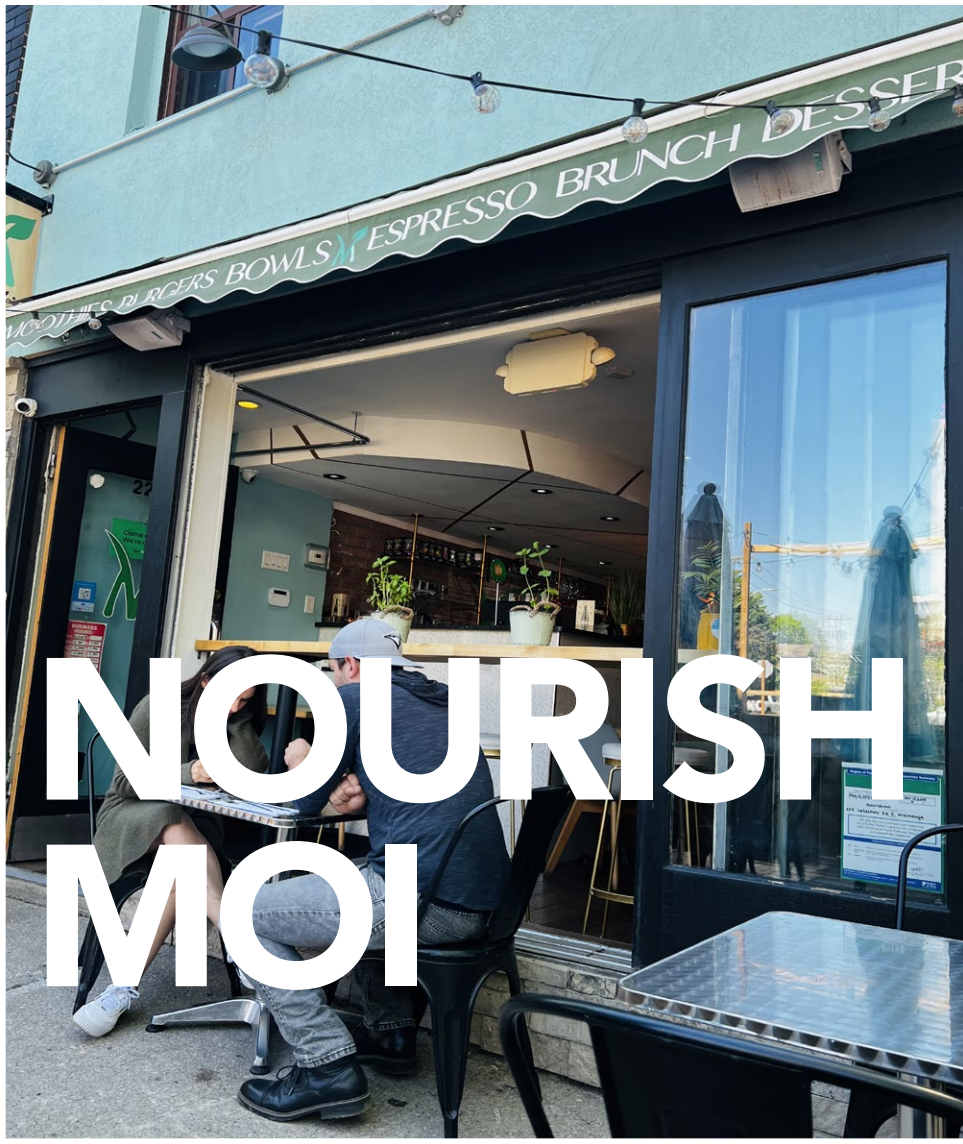
Huevos Gourmet
241 Lakeshore Rd E

Some of the most exciting restaurants are now meatless and I’m all for it.

I arrived early on a Saturday for a snack and the sweet black bean tacos were full of flavour. I loved the balance of sweetness, spice and the warm tortillas served on a warm plate.

I love that Nourish Moi makes all the food from scratch and serves vegan wine, beer and has great cocktail options. It’s accessible to everyone who just wants delicious food.

The brunch options are plentiful and one of the most popular items is the Beirut Bowl, which is worth coming back to try.



NOURISH MOI

NOURISH MOI
229 Lakeshore Rd E

PIZZA NOSTRA

Brothers own this New Jersey-style pizzeria shop. They grew up in the food business, starting with their father's butcher shop in Toronto.

One brother decided to go to New Jersey to work at their cousin's pizza shop. The other stayed to learn the art of salumi/ curing meat.

Today Pizza Nostra combines their strengths using house cured meats on thin crust pizza with incredible pizza sauce and rich cheese.

It's been a local favourite since it opened 7 years ago but it really skyrocketed when Barstool Pizza Review gave it an 8, which means it's worth traveling for and now they are opening a second location.

They are so busy that they open at noon and serve until they run out of pizza, which can be as early as 5pm. The wait time is around 45 minutes so call in advance.

It's worth the wait.

Pizza Nostra
362 Lakeshore Rd W

PALM BITES

If you've never tried a chocolate covered date you need to stop everything and go to Palm Bites.

They have samples, but I warn you that it will result in buying some because they are outstanding.

They also have fantastic coffee, a number of nut butters and lots of different healthy snacks.

And if Malak is working be sure to spend time and chat, she's very friendly and so helpful.

Palm Bites
167 Lakeshore Rd E

Wanda Thomas has quickly developed a reputation for serving some of the best food in Clarkson.

Her spotless kitchen opened during 2020 and she has an ongoing flow of customers looking for her rich and tender oxtail with rice and peas or the boneless jerk chicken, which has quickly become a best seller.

And her macaroni salad has become so popular that they go through the equivalent of 4 buffet sized trays a day.

It’s a secret recipe and I tried to guess, but she would only concede that I didn’t have the right answer.

WANDA’S CARIBBEAN KITCHEN

Wanda’s Caribbean Kitchen
1842 Lakeshore Rd W

CLARKSON FISH & CHIPS

This local fish and chips shop has been around for 43 years and known as the best Mississauga restaurant for fish and chips.

It usually has a line-up and the dining room is packed so it's best to go on off hours.

They offer several options for fish (halibut, haddock, cod), which is always a good sign that they know what they are doing.

And then two options for coleslaw (creamy or vinegar), wow!

It's not fancy here but as someone who grew up on fresh fish and chips I was really impressed.



Clarkson Fish & Chips
1848 Lakeshore Rd W



THANKS FOR READING!

This guide was created in partnership with Tourism Mississauga. I hope it helps you plan your travels in Mississauga. I loved the city so much you just might find me there exploring another neighbourhood. They have lots of great information on VisitMississauga.ca and @VisitMississauga on Instagram.

Want more inspiration? Watch my videos at Youtube.com/Ayngelina

If you found it useful please let me know: @Ayngelina on Instagram or Facebook.com/BaconIsMagic

Or send me a note at ayngelina@baconismagic.ca

Keep life delicious,

Ayngelina